DailyBrief...

NHS Grampian

Monday 13 March 2023

Yellow weather warnings The Met Office have Yellow weather warnings for snow and ice in place across all of Grampian until 11am tomorrow. Local authority road crews will be treating the primary routes, but disruption and risk of injury are possible. Please take care on your way to and from work.

Valved FFP3 masks – when not to use them Current infection control guidance states valved FFP3 masks should **not** be worn by healthcare workers when sterility directly over the surgical field is required e.g., theatre/surgical settings, or when undertaking a sterile procedure. A poster has been developed to provide further guidance; it is available here: NHS Grampian News - Valved FFP3 Masks

Healthcare Support Worker Information Sessions The Practice Education team will be running HCSW Development and Education Framework and Competencies: Information Sessions on Thursday 30 March. The Framework supports the development of core knowledge, skills, and behaviours in the four pillars of practice and enables profession specific and specialist knowledge, skills and behaviours to be added for all NMAHP HCSWs working at Levels 2–4. The competency framework is to facilitate practitioners to demonstrate they have achieved the level of competence required by NHS Grampian.

A session for managers will run between 9 - 10am and another for HCSWs from 10.30 - 11.30am. These sessions will run via MS Teams. If you are interested and would like to attend, get in touch via gram.practiceeducation@nhs.scot

Brew & a Blether The next session of Brew & a Blether takes place tomorrow (Tuesday 14 March) at Summerfield House, between 10.30am - 12.30pm. Brew & a Blether is a drop-in approach developed to encourage you to take a break, leave your place of work, and speak about any welfare concerns to staff in attendance with a drink voucher/or coffee on offer. Staff supporting this are the Chief Executive Team, Staff Side, We Care and Psychology. All welcome!

Reminder - Staff Equalities Network Presents – An Introduction to Allyship This introductory session, taking place between 2-3pm on Wednesday, will create a safe space to help colleagues to get on the same page by defining the practice of allyship, with helpful information and examples of ways we can all make a commitment to being an ally. If you would like any further information or you would like to join this session, please email gram.staffequalities@nhs.scot for the link. Everyone is welcome! #BeTheChange

Digital Health & Care Leadership programme Applications for Cohort 20 of the Digital Health and Care Leadership Programme (DLP) close on **Monday 27 March.** The Digital Health and Care Leadership Programme (DLP) is fully funded by Scottish Government and led by NHS Education for Scotland. The programme is designed to support ambitious and experienced health and care professionals develop their leadership skills and influence digital health and care in their organisations. More information on the programme is available here.

Pause for thought What storms have you sheltered from in the past? What have you learnt from your experience that will help sustain you in the storms to come?

Tune of the day Thanks to Judith McLenan for today's request: [My Hero by Foo Fighters](#). Judith is returning to Mental Health, after 4 years with the Medicine & Unscheduled Care portfolio and says: "The song lyrics have been used to mark respect to healthcare workers during the pandemic but remains relevant. In the chorus, frontman Dave Grohl (legend), does explain that "(his) hero" is "ordinary". He explains the song celebrates the more down-to-earth individuals who display heroism, people like his mum for instance. In other words, in the real-world a hero isn't some fictional character with superhero powers. Rather it is those who, in their own personal ways, make a positive contribution to the world and those around them." (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot