

Friday 5 May 2023

Cybersecurity risks As per the standalone Global email issued earlier, we want to remind everyone working in health & social care of the heightened level of cybersecurity risk at present. Holiday weekends, such as the one we are approaching, have been used by criminals in the past to launch large scale cyber-attacks on public organisations. Please remember these simple points of good practise:

- Guard against Phishing attacks – if an email looks suspicious it probably is; if in doubt, delete it and contact the IT service Desk
- Do not share your password with anyone
- Do not leave passwords with your computer or mobile device
- Do not write passwords down and leave for others to see

Criminals can and will use information learned about individuals on their social media accounts to make Phishing attacks seem more convincing. If you use social media, whether personally or on behalf of a service, please take the time to review your security and privacy settings.

No Mow May As you may have spotted on our social media accounts this week, NHS Grampian is taking part in No-Mow May. This means some of our sites will be left to their natural devices in the coming weeks and the grass will not be cut. This will enable us to see which pollinators (butterflies, bumblebees etc.) pay us a visit, and where. In the last 50 years there has been a massive decline in the pollinator populations, because their natural habitat has been lost. As part of our commitment to being as sustainable as we can be, we are pleased to support No-Mow May

That was the week that was A quick canter through the key items shared this week; all briefs are available to view on the NHS Grampian website: Work With Us/HR Portal/Staff Daily Briefs

Monday 1 – public holiday, no brief issued

Tuesday 2 – launch of new Grampian Guidance website, Deaf Awareness week and support for patients/staff

Wednesday 3 – World Hand Hygiene Day, action required re: expired Honeywell FFP3 masks

Thursday 4 – iMatter team confirmation update, safe and correct use of slipper socks for in-patients

STAR Award Huge congratulations to Ben Elliott (deputy service manager, administration) who was presented with his STAR award this week. Ben was nominated for his expert and constant support for the feedback service, and for patients and their families. If you want to nominate a colleague or team for a STAR award, in recognition of a job well done, [then simply fill in the online form](#) or email the details to gram.staffthanksandrecognition@nhs.scot

Tune of the day We've got two staff members, marking two big birthdays, so here's two tunes to celebrate! First up, we have [Live Forever](#) for Amanda Fleming (community mental health team lead) who hits the big 4-0 today. Secondly, Jane Beattie (nurse manager, ARI) is nifty at 50, so the nurse manager team have asked for Tom Jones and [What's New Pussycat?](#)

Well, another long weekend has rolled around sharpish, hasn't it? Whether you are looking forward to the pomp and pageantry of this weekend, or running fast in the opposite direction, I hope you can wind down and do something just for you. The brief will return on Tuesday (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot